



Cineplex Media 2016 Canadian Optimist Championship
August 18-24, Ashbridge's Bay Yacht Club, Toronto
Organizing authority is Ashbridge's Bay Yacht Club
with the endorsement of the Canadian Optimist Dinghy Association

Sailing Instructions – CHAMPIONSHIP Fleet Including Amendment 1 (See separate SIs for Team Racing)

[DP] Denotes an instruction or rule for which a penalty is at the discretion of the jury.

[NP] Denotes that a breach of this rule will not be grounds for a protest by a boat, changing rule 60.1(a).

1 RULES

1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS), as amended and prescribed by Sail Canada (http://www.sailing.ca/files/SC_Prescrip_Arbit_2013_16.pdf), and by the 2016 Optimist Class Rules (http://www.optiworld.org/uploaded_files/Document_2304_20160103144814_en.pdf.)

1.2 Rule 61.1 "Informing the Protestee" is changed as follows:
Add to rule 61.1(a): "The protesting boat shall also inform the Race Committee of the boat(s) being protested at the finishing line promptly after finishing, without interfering with the finish of other boats."

1.3 [DP] Personal Flotation

1.3.1 The first sentence of rule 40 is deleted and replaced by: 'Each competitor shall wear a personal flotation device (PFD) according to class rule 4.2 (a), properly secured at all times while on the water except when temporarily adding or removing clothing.'

1.3.2 The preamble of rules Part 4 is changed to:
Part 4 rules apply only to boats racing. However, rules **40 and 55** apply at all times when boats are on the water.

1.4 U Flag

1.4.1 Rule 26 is changed as follows:
Flag U (Uniform) may also be displayed as the preparatory signal

1.4.2 Rule 30 is appended as follows:
If flag U has been displayed, no part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her

starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing, but not if the race is restarted or resailed.

- 1.5 When a signal is posted above a division or fleet flag or flags, the signal applies only to that/those fleet(s) or division(s). This changes the Race Signals preamble.

2 NOTICES TO COMPETITORS

- 2.1 Notices to Competitors will be posted on the official notice board(s) located in the main regatta tent at ABYC. As a courtesy only, an attempt will be made to also post notices on the event website: <http://www.2016opticanadians.com>.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the schedule of races will be posted by 1800 on the day before it will take effect. Any other change to the sailing instructions will be posted before 0900 on the day it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the Main Flag Pole, just SW of the main clubhouse.
- 4.2 When flag AP is displayed ashore and lowered, the next signal (flag 'D', flag 'N' or a modification to flag 'AP') will be made 1 minute later. This changes Race Signal 'AP'.
- 4.3 [NP][DP] When flag 'D' is displayed ashore with one sound signal, boats may commence launching, and a warning signal will be made not less than 45 minutes later for the fleet(s)/division(s) launching.
- 4.4 [NP][DP] If flag 'D' is lowered with two sound signals, launching shall cease until further signals are made.

5 RACING FORMAT & NUMBER OF RACES

- 5.1 The Championship Fleet will comprise all sailors not in Green fleet; for this fleet the regatta is split into a qualifying and final series, each of two days and a maximum of 6 races. This is subject to change if actual or forecasted weather has or is likely to prevent the four days of sailing.

5.2 Qualifying Series:

- 5.2.1 All Championship Fleet registrants will be assigned to a division for the Qualifying Series. Division assignments will be posted by 0900 on Thursday.
- 5.2.2 Pre-registered entrants will be sorted first by age-range fleet (red, white, blue), and then by sail number, and a division will be drawn from a hat by a regatta official. The lowest numbered sail in red fleet will be assigned the drawn division, and each subsequent sailor by sail number in red fleet, and then white fleet, and then blue fleet will be assigned to a division based on the sequence " Yellow Pink Purple Grey Grey Purple Pink Yellow Yellow Pink Purple Grey" and so on. For example, if the drawn number is "3", the first 8 boats will be assigned to division Purple, Grey Grey Purple Pink Yellow Yellow Pink Purple and so on.
- 5.2.3 On-site registrants will be assigned to the divisions in the same sequence, continuing from the point where the last pre-registered entrant was assigned. On-site registrants will be assigned in the order their registrations are processed.
- 5.2.4 At the end of the day on which at least two races are completed for each division in the qualifying series, divisions for the balance of the qualifying series will be reassigned based on rank in the qualifying series to that point, with the lead boat assigned to Yellow, the second boat assigned to Pink, and so on using the same sequence specified in 5.2.2.

5.2.5 Two Divisions will start and race against each other in each start. The pairings are shown in 8.3,

5.3 Final Series:

5.3.1 The top 50% of those in the Qualifying series, determined by race points, will be assigned to the Gold division for the Final Series. If 5 or more races are completed in the qualifying series, one score will be excluded (see 18.2).The remaining boats will be assigned to the Silver Division.

5.3.2 In the event of an odd number of boats participating in the qualifying series, the extra boat will be assigned to Gold Division .

5.3.3 In the event of a points tie spanning the boats at the 50% cutoff, the tied boats will be assigned to Gold Division.

5.4 There will be no more than 4 races per day.

6 IDENTIFICATION OF COMPETITORS

6.1 In the Qualifying and Final series, each sailor shall identify their division with a ribbon tied to the end of the sprit.

6.2 Ribbons will be issued at regatta check-in, again part way through the qualifying series, and again on the first morning of the Final series. Ribbon colours will match the division names.

7 SCHEDULE

7.1 No warning signal will be made after 1600 from Saturday to Tuesday, or after 1500 on Wednesday.

7.2 Daily Times

Day	Time	Event
Thursday August 18	1000-1800	Check-in, Registration and Measurement
Friday August 19	0900-1600	Check-in, Registration and Measurement
	1300	Launch Commences (all fleets)
	1425	First Warning Signal: Practice Race (all fleets)
	1700	Opening Ceremonies & BBQ
Saturday August 20	0830	Skippers' Meeting (in Tent)
	0900	Lunches Pickup (upstairs in clubhouse) Coaches Meeting (in Tent)
	0955	Championship Fleet Launch Commences
	1015	Green Fleet Launch Commences
	1055	First Warning Signal: Championship Fleet: Qualifier Day 1
Sunday August 21	0900	Lunches Available (upstairs in clubhouse) Coaches (in Tent)
	0955	Championship Fleet Launch Commences
	1015	Green Fleet Launch Commences
	1055	First Warning Signal: Championship Fleet: Qualifier Day 2
	1830	Dinner at RCYC
	1930	CODA Annual General Meeting at RCYC

Monday August 22	0830	Lunches Available (upstairs in clubhouse) Coaches Meeting (in Tent)
	0855 EARLY!	Launch Commences
	0955 EARLY!	First Warning Signal: Championship Fleet: Team Racing SEE TEAM RACING SAILING INSTRUCTIONS!
Tuesday August 23	0900	Championship Fleet Ribbon Pickup (upstairs in clubhouse) Lunches Available (upstairs in clubhouse) Coaches Meeting (in Tent)
	0955	Championship Fleet Launch Commences
	1015	Green Fleet Launch Commences
	1055	First Warning Signal: Championship Fleet: Finals Day 1
Wednesday August 24	0900	Lunches Available (upstairs in clubhouse) Coaches Meeting (in Tent)
	0955	Championship Fleet Launch Commences
	1015	Green Fleet Launch Commences
	1055	First Warning Signal: Championship Fleet: Finals Day 2
	1700	Closing Ceremonies

8 FLEET/DIVISION FLAGS & START SEQUENCE

8.1 Division Flags:

Fleet/Division	Flag
Championship Fleet – Qualifying - Yellow	 Yellow Class Flag
Championship Fleet – Qualifying - Pink	 Pink Class Flag
Championship Fleet – Qualifying - Purple	 Purple Class Flag
Championship Fleet – Qualifying - Grey	 Grey Class Flag
Championship Fleet – Final – Gold	 Gold Class Flag
Championship Fleet – Final – Silver	 Silver Class Flag

8.2 Practice Race

Race	Start	Divisions	Warning/Start Signal Flag(s)
1	1	Yellow & Pink	Yellow & Pink
	2	Purple & Grey	Purple & Grey

8.3 Qualifying Series:

Race	Start	Divisions	Warning/Start Signal Flag(s)
1	1	Yellow & Pink	Yellow & Pink
	2	Purple & Grey	Purple & Grey
2	1	Yellow & Purple	Yellow & Purple
	2	Pink & Grey	Pink & Grey
3	1	Yellow & Grey	Yellow & Grey
	2	Pink & Purple	Pink & Purple

The sequence repeats for races 4 to 6.

8.4 Final Series:

Race	Start	Division	Warning/Start Signal Flag
1	1	Gold	Gold
	2	Silver	Silver

The starting sequence for subsequent races may vary.

9 RACING AREA

The Championship Fleet race course is immediately South East of the ABYC headland. See Appendix 'A'.

10 THE COURSE

Appendix 'B' shows the course, and describes the order in which marks are to be rounded, the side on which each mark is to be left, and the descriptions of the marks.

11 THE START

11.1 The starting line will be between the staffs or halyards displaying orange flags on the signal boat and the pin-end race committee boat.

11.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

11.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4.

12 CHANGE OF COURSE

12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12.2 New marks will be GREEN inflatable tetrahedrons.

12.3 If flag 'C' is flown on the signal boat prior to the Prep signal for a division, the division will use the "new" marks as the upwind marks. Display of flag 'C' will be accompanied by repeated sound signals.

13 THE FINISH

13.1 The finishing line will be between the finish mark and the orange flag on the race committee boat.

13.2 Flag "A" displayed at the finish means no more racing today. If displayed over one or more division flags, it means no more racing for the specified division(s).

14 PENALTY SYSTEM

14.1 RRS Appendix P will apply but amended as follows:

P2.3 is deleted.

P2.2 is replaced with:

P2.2 Second and subsequent penalties

When a boat is penalized a second or subsequent time during the regatta, her penalty shall be to promptly retire from the race. If she fails to take it she shall be disqualified without a hearing and her score shall not be excluded.

14.2 A boat that has been penalized three or more times for Rule 42 infractions may be protested under rule 2 or action may be taken under rule 69.

14.3 RRS 44.1 is changed to permit a boat that has broken a rule of RRS Part 2 or RRS 31 to take a penalty after racing but prior to any protest hearing. Her penalty shall be a scoring penalty as calculated in RRS 44.3(c) equal to 40% of the number of entries or 50% of the difference between her finishing position and the number of entries, whichever is less. However, if she caused injury or serious damage or gained a significant advantage in the race or series by her breach, her penalty shall be to retire.

15 TIME LIMITS

15.1 If no boat has reached the first mark in 30 minutes the race will be abandoned.

15.2 If no boat has finished within 75 minutes the race will be abandoned.

15.3 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A4 and A5.

15.4 The Race Committee may, at its discretion, finish a boat on the course. The Race Committee determines the method and order of finishing for boats finished on the course. This changes RRS 35, A4 and A5.

15.5 The target time is 45 minutes. Failure to meet the target time will not be grounds for redress under RRS 62.1(a).

16 PROTESTS AND REQUESTS FOR REDRESS.

- 16.1** Protest forms are available at the Protest Committee Desk on the first floor of the ABYC clubhouse. Protests shall be delivered there within the protest time limit.
- 16.2** The protest time limit will be 60 minutes after the last boat has finished for the day.
- 16.3** Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest committee room, located on the lower level of the ABYC clubhouse.
- 16.4** Notices of protests by the race committee or protest committee/jury will be posted to inform boats under RRS 61.1(b).
- 16.5** A list of boats that, under instruction 14.1, have been penalized for breaking rule 42 or have been disqualified by the jury will be posted each day after racing.
- 16.6** On the last day of the regatta a request for reopening a hearing shall be delivered:
- (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
 - (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 66.
- 16.7** On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

17 ARBITRATION

- 17.1** For a protest between two boats alleging a breach of a rule of RRS Part 2 or RRS 31, an arbitration meeting may be held prior to any protest hearing.
- 17.2** One representative from each boat will meet with the arbitrator. No witnesses will be permitted.
- 17.3** The arbitrator will advise on whether:
- a) one or both boats should take a penalty;
 - b) the protest should be withdrawn; or
 - c) the protest should go to the protest committee for a hearing.
- 17.4** When a boat accepts a penalty or the arbitrator advises that the protest should be withdrawn, the arbitrator will allow the protest to be withdrawn. This changes RRS 63.1.
- 17.5** When a protest is withdrawn, it will not be reopened or made the subject of a request for redress.
- 17.6** The penalty is to be calculated according to SI 14.3.
- 17.7** The arbitrator may be a member of the protest committee if there is a hearing.

18 SCORING

- 18.1** Three races in the qualifying series are required to be completed to constitute a championship.
- 18.2** RRS A2 is modified so that:
- (a) When fewer than 5 races have been completed, a boat's score will be the total of her race scores.
 - (b) When 5 or more races have been completed, a boat's score will be the total of her race scores excluding her worst score.
 - (c) When 10 or more races have been completed, a boat's score will be the total of her race scores excluding her two worst scores.

- 18.3** Scores from the Qualifying series will be carried forward for the purpose of determining Final scores. A discard will be applied to the Qualifying series if sufficient races are held (see 18.2). For final scores, the race or races discarded will be selected from the full set of races sailed by a competitor, so that a race discarded in the qualifying series may no longer be discarded if a worse score is obtained in the final series.
- 18.4** If at the end of the qualifying series some qualifying series divisions have more race scores than others, any races not sailed by all divisions will be abandoned so that all boats in the qualifying series have the same number of race scores.
- 18.5** Any recalculation of qualifying series ranking after boats have been assigned to final series fleets will not affect the assignments except that a redress decision may promote a boat to a higher fleet.
- 18.6** Different Final series fleets need not have completed the same number of final races. The boats in the Gold fleet will be ranked highest, except for a boat disqualified from a final series race under rules 2 or 69.
- 18.7** For the purpose of calculating DNF, DSQ, etc. scores for any race in the Qualifying series, it will consider the number of entrants to be those assigned to the largest two division(s).
- 18.8** For placement within Red, White, and Blue fleets, the overall results will be used.
- 18.9** Boats disqualified under SI 1.4.2 (U flag penalty) will be scored with the abbreviation UFD (U flag disqualification) and assigned the same points as for any disqualification.

19 SPARE

20 SAFETY REGULATIONS

- 20.1** [NP] [DP] Boats shall not leave the harbour until Flag 'D' is raised.
- 20.2** [NP] [DP] All Competitors shall sail past the stern of the signal boat on starboard tack prior to the first race of the day to check in with the race committee, or upon returning to the race area if they have left it for any reason.
- 20.3** [NP] [DP] A boat that retires from a race or leaves the racing area shall notify a race committee, safety, or jury boat as soon as possible.
- 20.4** [NP][DP] All competitors will sign out and pick up a wrist band when they pick up their lunches. All competitors must sign back in and return their wrist bands at the main tent within 60 minutes of the last boat finishing for the day,. Failure to do so may result in a 25% scoring penalty on the final race of the day, without a hearing; this changes rule A.5.

21 REPLACEMENT EQUIPMENT

[NP] [DP] Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. If the damage occurs less than 2 hours before the first scheduled start on a racing day, or before the start of the last race of the day, provisional verbal permission shall be requested from the race committee, and if granted, the written permission of the race committee shall be requested before the end of the protest time limit at the end of the day in which the substitution takes place; re-measurement may be required. Equipment Substitution Forms will be available at the protest desk.

22 EQUIPMENT AND MEASUREMENT

- 22.1** A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat may be instructed by the race committee to proceed immediately to a designated area for inspection.
- 22.2** [DP] A boat shall register only one sail number and shall have that number on the sail.

22.3 [NP][DP] Determination of the legibility of sail numbers will be at the discretion of the Chief Measurer.

23 ADVERTISING

[DP] [NP] Boats may be required to display advertising supplied by the organizing authority.

24 OFFICIAL BOATS

Official boats will be marked as follows:
Jury will fly a white flag with the letter "J" on it
Safety Boats will fly a yellow flag with a red vertical stripe.

25 [DP] SUPPORT BOATS

25.1 Support boats shall register with the organizing authority prior to the first scheduled race.

25.2 Each support boat will be provided with a numbered flag, and it shall show this flag when on the course.

25.3 Each race course has an exclusion zone, described and illustrated shown on the course diagrams.

25.4 [DP] Exclusion Zone:

25.4.1 Green Fleet: All spectators shall stay outside of the exclusion zone from the time of the preparatory signal for the first start until all boats have finished or retired or the race is postponed, recalled, or abandoned. Registered coaches shall stay outside of the exclusion zone from the time of the preparatory signal until the race is recalled, or 1 minute after the starting signal, and can then enter the exclusion zone to coach the back half of the fleet only.

25.4.2 Championship Fleet: Team leaders, coaches, spectators and other support personnel shall stay outside of the exclusion zone from the time of the preparatory signal for the first start until all boats have finished or retired or the race is postponed, recalled, or abandoned.

25.5 At the request of the race committee, coach boats may enter the exclusion zone to offer or provide outside assistance to a boat.

25.6 [DP] In an emergency situation, a coach may, on their judgement, enter the exclusion zone to aid a boat for which it is responsible. Such action may be deemed to be in violation of Rule 41 for the boat so aided, which may be scored Did Not Finish without a hearing. This changes rule A5.

25.7 [DP][NP] Support boats are required to have a working VHF radio. The championship course will use channel 71; green fleet course will use channel 69.

26 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

27 INSURANCE

[NP] [DP] Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$1 million per incident

28 HARBOUR AND SITE

28.1 [DP] [NP] Competitor boats shall be kept in their assigned places in the boat park.

28.2 [DP] [NP] Support boats shall be kept in their assigned places in the harbour.

28.3 [DP] [NP] Automobiles and trailers must be parked in accordance with the directions of the Organizing Authority.

29 RADIO COMMUNICATION

[DP] A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

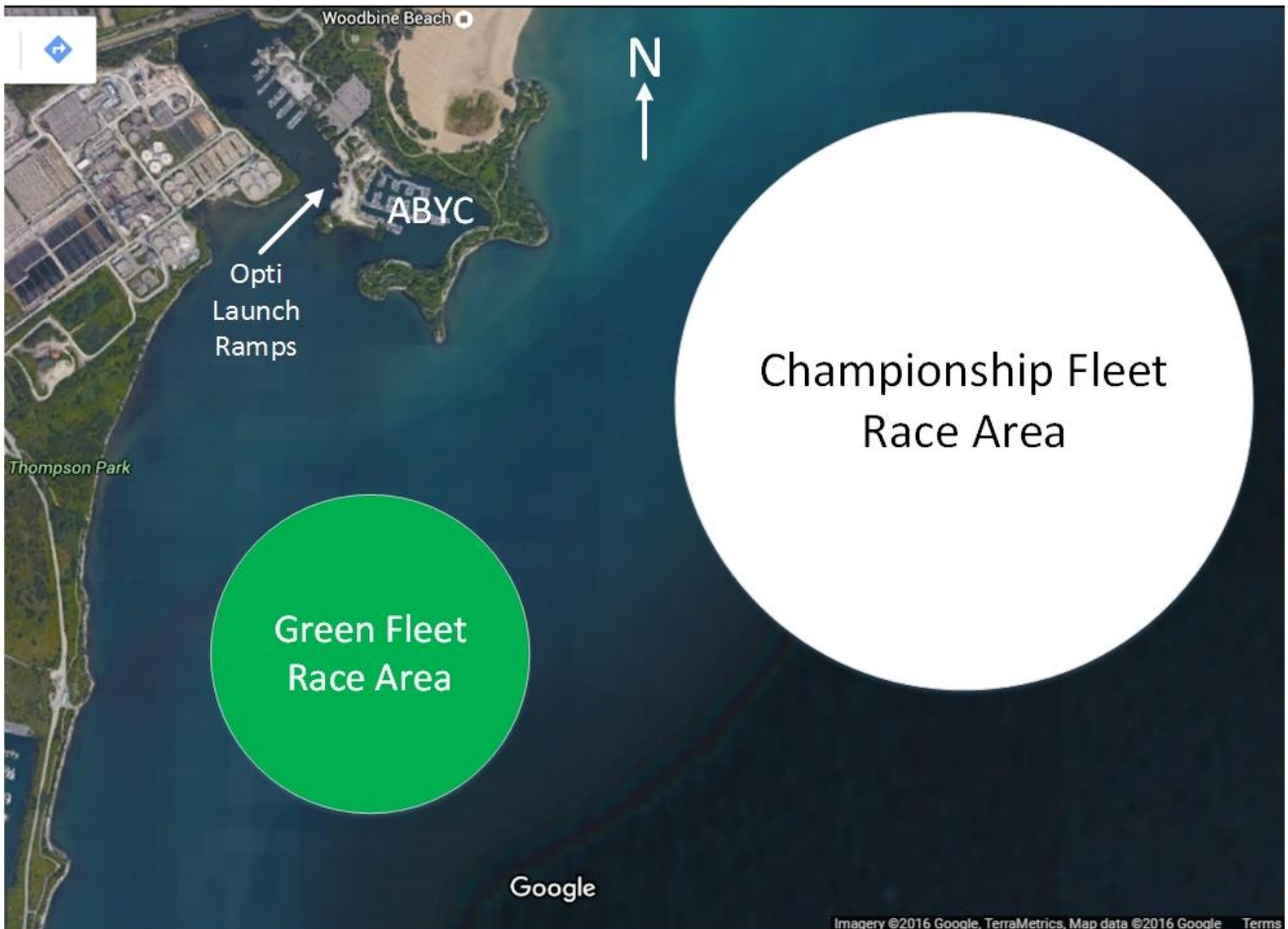
30 TRASH DISPOSAL

[NP] [DP] Trash and recyclables may be placed aboard race committee and other official boats.

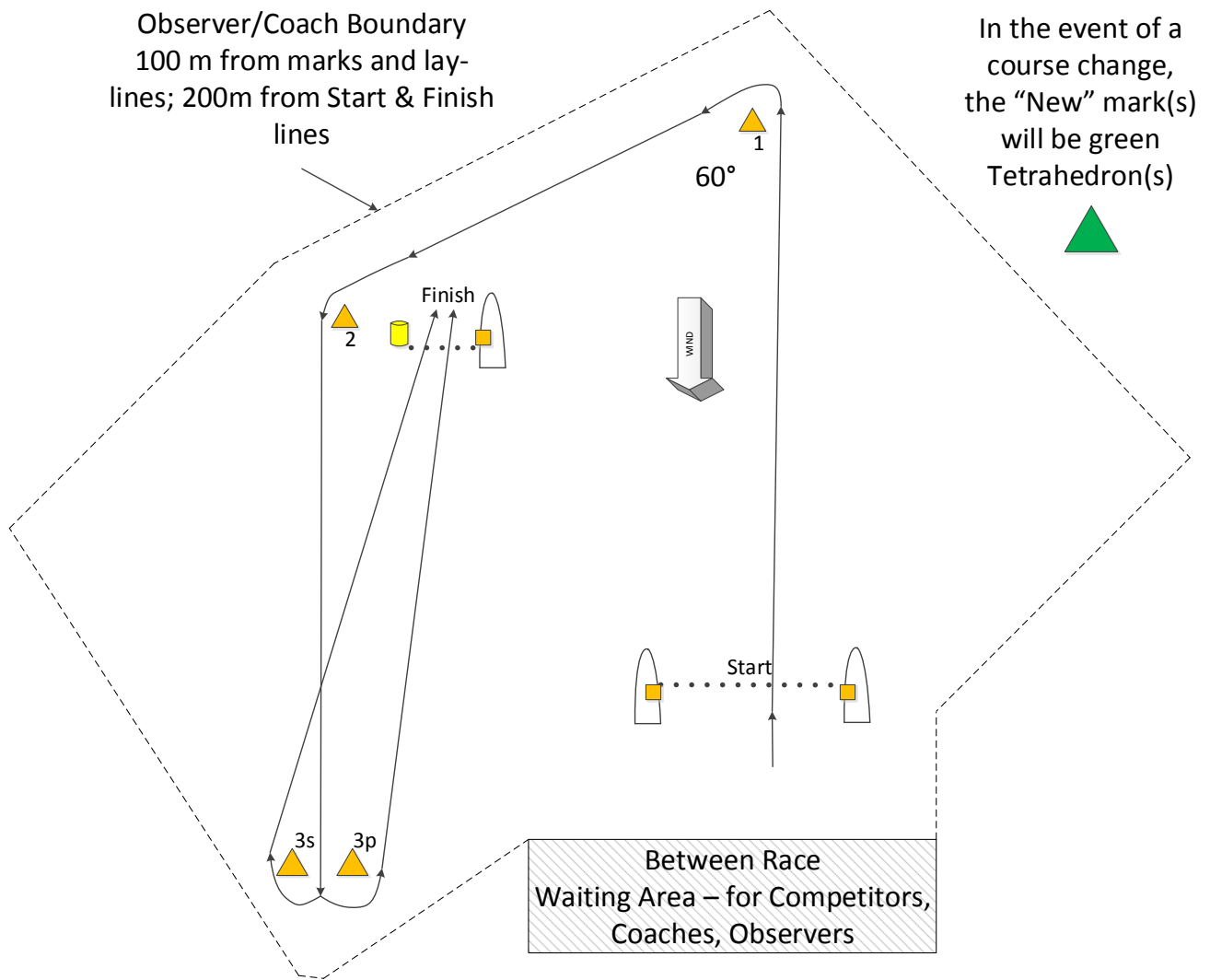
31 RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

APPENDIX 'A' – Race Areas



APPENDIX 'B' – Championship Fleet Course – Opti Trap



Sequence: Start – 1 (to port) – 2 (to port) – 3p/3s (between) – Finish

Marks 1, 2, 3p, 3s are ORANGE tetrahedrons. The Finish pin is a YELLOW cylinder.

If one of mark 3p or 3s is missing, the remaining mark will be rounded to port.